LE GRAND SPA & WELLNESS

TREATMENT MENU

"Wellness encompasses a heathy body, a sound mind, and a tranquil spirit. Enjoy the journey as you strive for wellness".

- Laurette Gagnon Beaulieu

Our Spa & FITNESS CENTRE

Le Grand Spa offers an atmospheric space that is the perfect starting point for your journey toward equilibrium between your body, mind and spirit. Let the Spa team take you on a journey of pure tranquillity.

Whether joining us for a spa day or as part of your relaxation break, the team welcomes you to explore our selection of relaxing spa treatments which will help you unwind and destress from your daily routine.

Treatments

Experience a deep feeling of well-being and your mind, body and spirit will feel totally rejuvenated.

FACIALS

Customised Facial	€100	(60 min)
Booster / Hydrating Facial	€60	(30 min)

MASSAGES

Customised Full Body	€140	(90 min)
Anti-Stress Full Body	€100	(60 min)
Back Neck & Shoulder	€60	(30 min)
Soothing Head Massage	€60	(30 min)
Leg Massage with foot pressure points	€60	(30 min)

BODY TREATMENTS

Full Body Exfoliation	€50 (30 min)
Full Body Exfoliation with Back Massage	€100 (60 min)
Full Body Exfoliation with Full Body Massage	€140 (90 min)

Nails

SPA MANICURE

File - cuticle work - soothing hand massage

REGULAR POLISH	€35 (50 min)
GEL POLISH	€45 (60 min)

SPA PEDICURE

File - cuticle work - hard skin removal with file - exfoliation - soothing foot massage

REGULAR POLISH	€45	(60	min)
GEL POLISH	€55	(60	min)

REMOVAL OF GEL POLISH €15 (15 min)

Hair

	Short	Medium	Long
Blow Dry	€25	€30	€35
Curly Blow Dry	€40	€45	€50
Blow Dry Straight (ceramic)	€30	€35	€40
Blow Dry Curly (ceramic)	€50	€55	€60
Fringe trim	€10		
Ladies Haircut	€35		
Haircut and Blow Dry	€50	€55	€60
Colour Roots	€35		
Colour whole length	€45	€50	€55
Colour highlights	€50	€55	€60
Argan Treatment	€30	€35	€40
Botox Treatment	€30	€40	€50
Keratin Treatment	€100	€130	€150
Upstyle	€50	€60	€70
Beard Trim	€15		
Gent's Haircut	€25		
Children's Haircut	€15		

Spa Etiquette

Spa etiquette can be a source of anxiety for first-time spa goers, but it's easy once you know a few basics.

Here are some basic rules to help you relax.

Cancellation / Postponement

In case of cancellations a minimum of 12hours notice is required to avoid cancellation charges. If your treatment is cancelled within the 12hours, a charge of 50% of the treatment price will be charged. If no notification is given, then a 100% cancellation charge will apply.

Arrive on Time

Make sure you make the most out of your Spa experience. Always try to arrive 15 to 20minutes early, especially on your first visit, as you will need a few minutes to fill out a consultation form. When undergoing a treatment at the Spa you will have access to the indoor pool, whirlpool, sauna and steam room. Should you arrive late, kindly note that the equivalent time may be deducted from your treatment

Turn off your cell phone

You can't relax if you are answering calls, checking emails and texting. And neither can the person next to you.

Speak about what you want

During a treatment, feel free to ask for anything you would like to be different, more or less pressure, quieter music, room temperature etc... Your comfort is our priority.

