

LE GRAND

SPA & WELLNESS

MEMBERSHIPS

“Wellness encompasses a heathy body, a sound mind, and a tranquil spirit.

Enjoy the journey as you strive for wellness.”

*- Laurette Gagnon Beaulieu*

# Our Spa

## & FITNESS CENTRE

Le Grand Spa offers an atmospheric space that is the perfect starting point for your journey toward equilibrium between your body, mind and spirit. Let Le Grand Spa team take you on a journey of pure tranquillity.

Whether joining us for a spa day or as part of your relaxation break, the team welcomes you to explore our selection of relaxing spa treatments which will help you unwind and destress from your daily routine.

Experience a deep feeling of well-being  
and your mind, body and spirit will  
feel totally rejuvenated.

Truly divine.

Experience the epitome of indulgence at our exquisite Spa & Fitness Centre, located in the heart of Valletta. Begin your transformative journey in our fully equipped Gym, where you can push your limits and achieve your fitness goals.

Afterward, unwind and relax your tired muscles in our rejuvenating sauna and steam room. Alternatively, take a refreshing dip in our inviting pool, immersing yourself in pure serenity.

Step into our tranquil Spa and let the weight of the world melt away as you luxuriate in our exclusive health and beauty treatments. With six private treatment rooms, indulge in a range of specialist products and revitalising therapies.

At our prestigious Spa & Fitness Centre, embrace pure bliss and depart feeling completely refreshed and revitalised.

# Memberships

## 3-month membership

- use of Spa facilities (Sauna, steam room, indoor pool area, whirlpool)
- use of Fitness Centre
- use of lockers and amenities (towel, bathrobe and slippers)
- 20% discount on Spa treatments and Hair Salon (not applicable on offers and promotions)
- Free parking

Price: 210€ single  
370€ couple

## 6-month membership

- use of Spa facilities (Sauna, steam room, indoor pool area, whirlpool)
- use of Fitness Centre
- use of lockers and amenities (towel, bathrobe and slippers)
- 20% discount on Spa treatments and Hair Salon (not applicable on offers and promotions)
- 1x 30min treatment of your choice
- Free parking

Price: 360€ single  
640€ couple

## 12-month membership

- use of Spa facilities (Sauna, steam room, indoor pool area, whirlpool)
- use of Fitness Centre
- use of lockers and amenities (towel, bathrobe and slippers)
- 20% discount on Spa treatments and Hair Salon (not applicable on offers and promotions)
- 1x 60min treatment of your choice
- Free parking

Price: 600€ single  
800€ couple

# Rules & Regulations

## LE GRAND SPA & FITNESS CENTRE

### **Opening Hours**

7:00 to 21:00

Members are respectfully requested to come in the Spa during opening hours and leave the Spa 15min before closing.

### **General Information**

Children under the age of 16 are not permitted anywhere within the Spa & Fitness Centre facilities.

Members may park their vehicles in the car parking areas at their own risk, and the Spa cannot be held responsible for any loss or damage to members' vehicles.

The Indoor Pool temperature shall be kept at 27-29 degrees, in accordance with Malta's Health and Safety Regulations.

The use of the Outdoor Pool is strictly restricted to hotel residents and guests with the outdoor pool offer.

Changing of clothes is only permitted in the changing rooms.

The members are entitled to use the indoor pool and gym area, Sauna, Steam room and changing facilities. Relaxation area is strictly restricted to guests who are having treatments.

Hair dryers can be provided upon request.

The hotel reserves the right to amend the opening and closing times of the SPA and Fitness Centre at its discretion, provided that a notice is posted one week in advance.

### **Membership**

Any applicant for membership of Le Grand Spa must complete the application form in full and provide one passport size photo.

Full payment of the membership fee for the whole duration of the chosen agreement is expected immediately upon application.

This payment is non-refundable.

The membership card must be presented on each and every visit to the Spa. The membership card will bear the member's name, membership number and validity date of the membership. Membership cards and privileges are not transferable to any other person. If the membership card is lost or stolen, the member should immediately notify the Spa Management and another card will be issued against the fee of 5€. Lockers are provided but are available for day use only. Members are requested to return their locker keys at Le Grand Spa reception after use. If the locker key is lost, a charge of 10€ will be levied to replace the locker key.

Members are advised not to bring large sums of money or valuables to the Spa. The Spa cannot be held responsible for any loss of cash or valuables of any kind. The Membership Contract may be paused/frozen by the member for up to three months. However, a charge of €20 per month is incurred. To pause or freeze the membership you have to notify the management 1 month in advance through email. The Spa will inform members when their membership is due to be renewed.

### **Spa Etiquette, Safety and Hygiene**

Guests are expected to be properly attired at Le Grand Spa & Fitness Centre, as a matter of etiquette.

Please note that in the Fitness Centre you need to wear workout clothes with suitable footwear.

Please note that it is essential to comply with our policy regarding the sauna and steam room. Nudity is not permitted in these areas, and it is required to wear swimwear at all times.

Food and beverage cannot be brought in and consumed on the Le Grand Spa & Fitness Centre premises.

Members must conduct themselves in a quiet and well-mannered fashion when in the Spa area or it's vicinity, and in a manner that will not disturb or impair the use and enjoyment of the Spa by any other guest.

Members of Le Grand Spa & Fitness Centre are kindly requested to keep a clean and tidy environment following the usage of the facilities.

The Management will not be liable for any loss or damage to property whatsoever or any bodily injuries, death or illness of any member howsoever caused, sustained or incurred arising out of or any way connected with the use, whether proper or otherwise, of any of the equipment and/or facilities, whether defective or not of the Spa.

### **Termination of Contract**

Le Grand Spa & Fitness Centre at it's discretion may terminate membership with immediate effect on the following basis:

Member's failure to pay membership fees.

Member's failure to follow the rules and regulations.

Member's wilful damage of the Le Grand Spa facilities.

Any other reason deemed fit by The Management.

Termination of membership will not entitle the member to a refund of membership fees or any part thereof.



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*Preferred*

HOTELS & RESORTS